

# Roasting Record

Roasting Record and notes

You may find the roasting date to reference to the note.

- [31 Oct 2024 Guatemala Medium Roast](#)
- [29 Nov 2024 Honduras Abeja Honey - Medium Roast](#)

# 31 Oct 2024 Guatemala

## Medium Roast



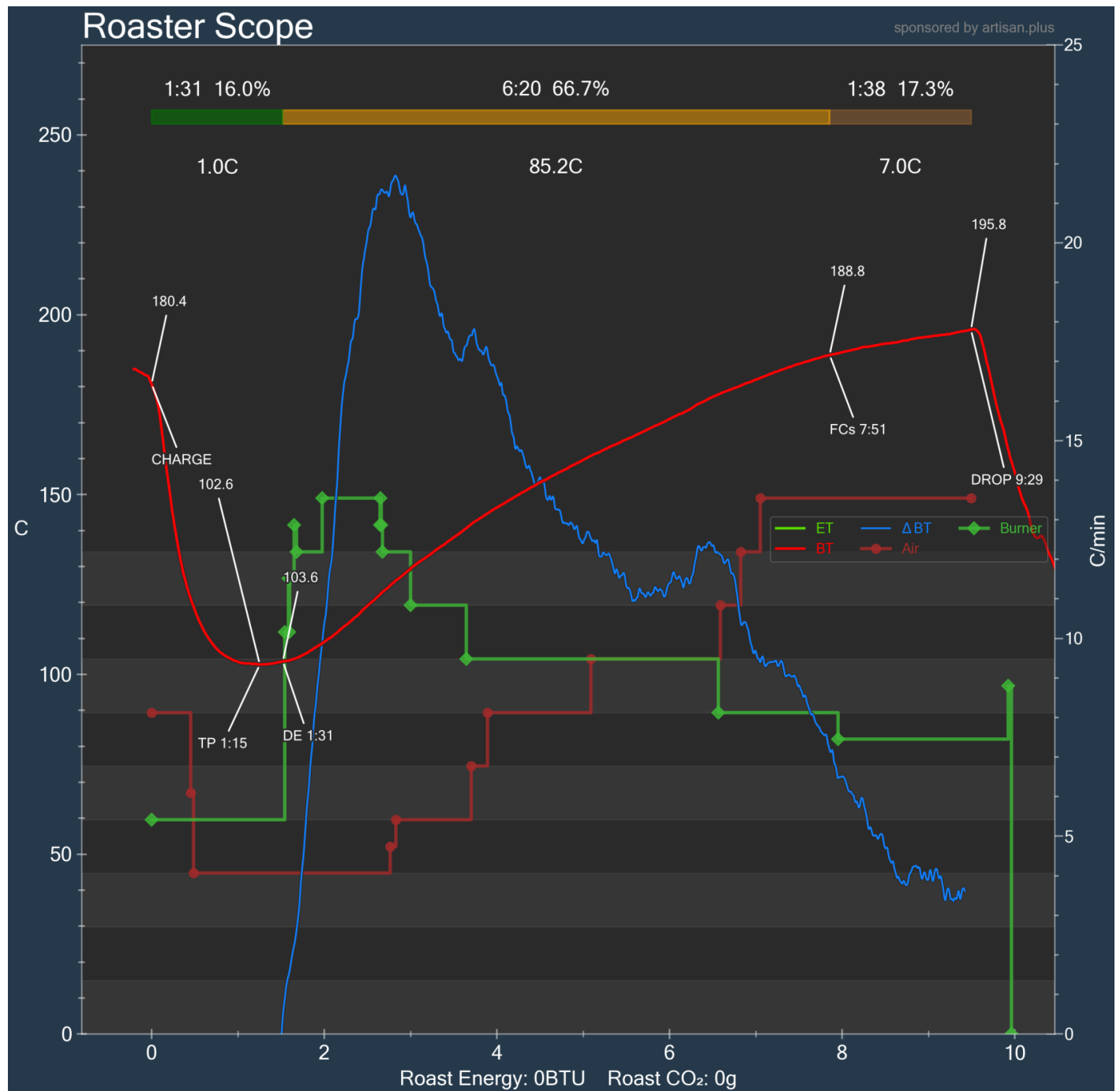
Medium Roast Dev 19.2% 320g

Guatemala Antigua Los Volcanes

EAP HK 200 CUP 120

# 29 Nov 2024 Honduras

## Abeja Honey - Medium Roast



Bean information

<https://drwakefield.com/coffees/honduras-abeja-honey/>